



ANTURE **Italian Kidney** **Cancer** **Association**

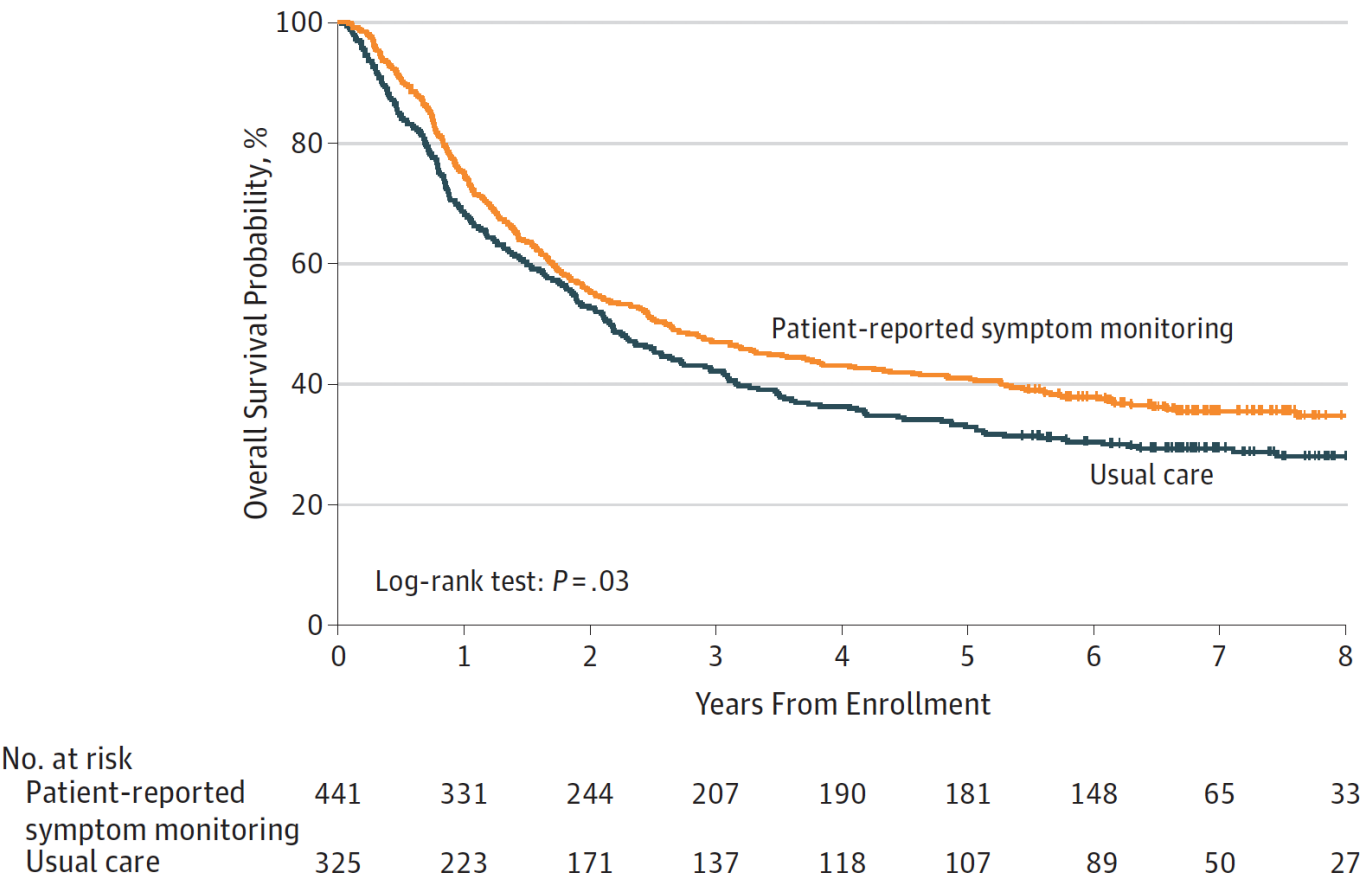
“Patient engagement is a potential blockbuster treatment that urologists should prescribe for their cancer patients”

Prof. Jewett at EAU22



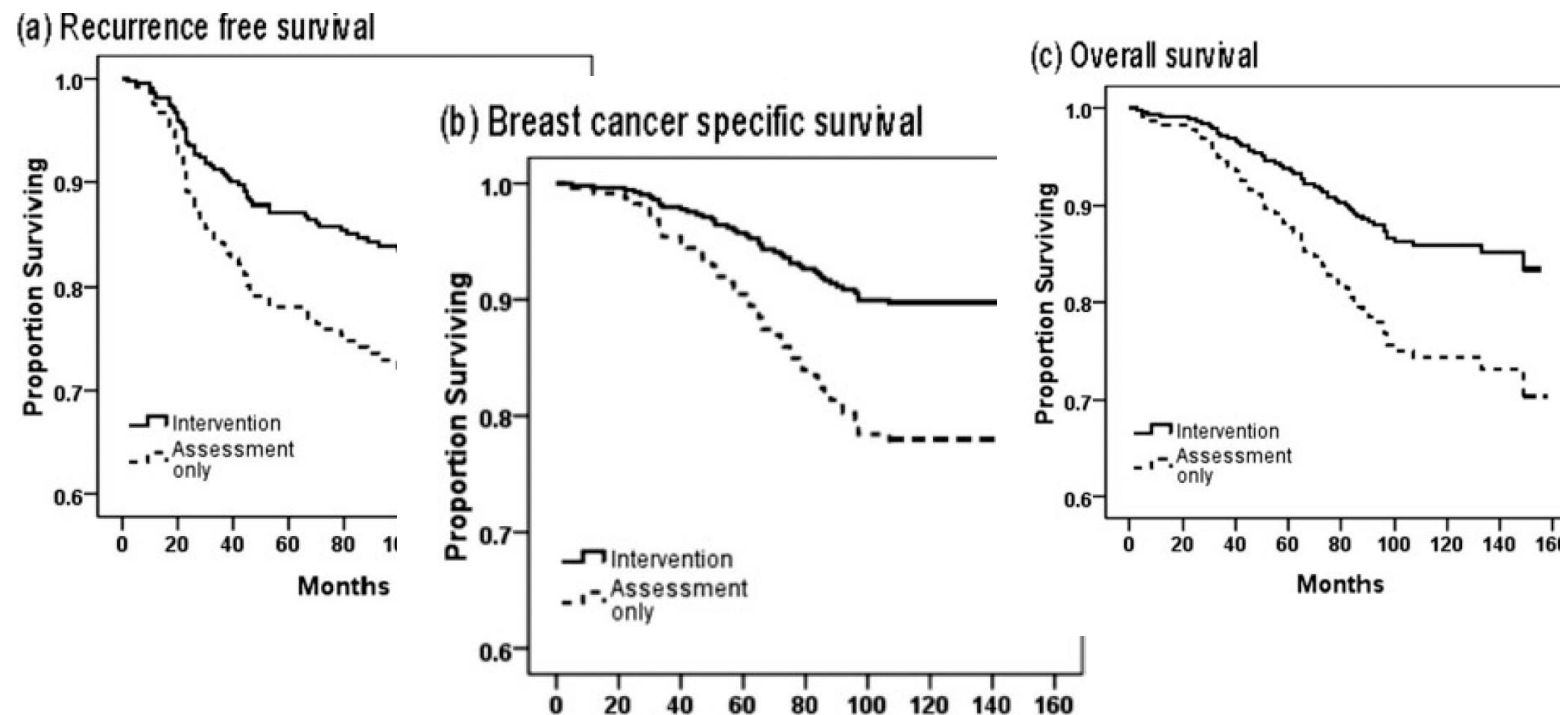
RESEARCH LETTER

Overall Survival Results of a Trial Assessing Patient-Reported Outcomes for Symptom Monitoring During Routine Cancer Treatment



Psychologic Intervention Improves Survival for Breast Cancer Patients

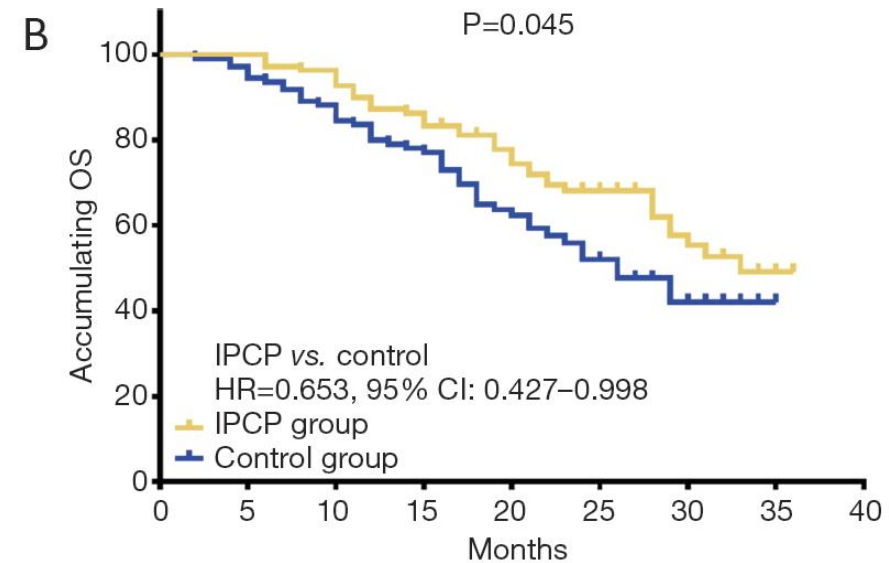
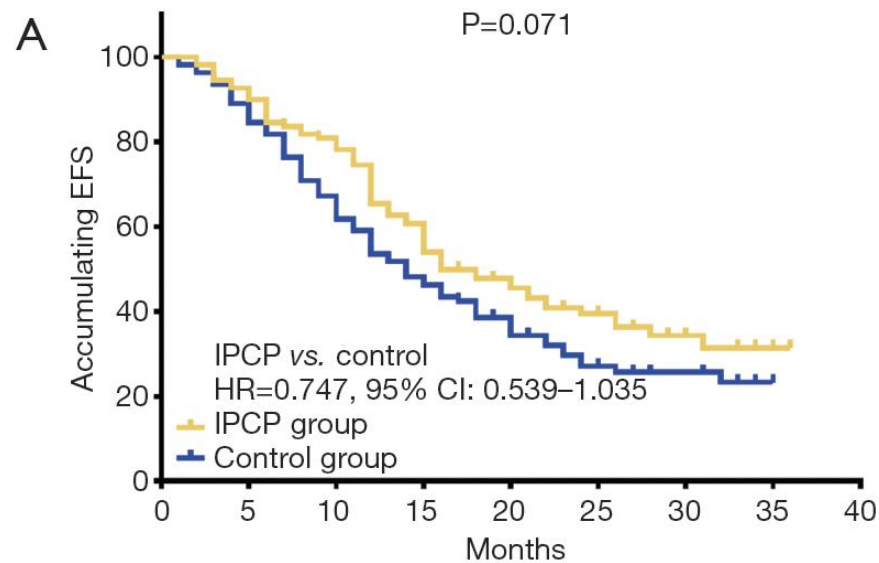
A Randomized Clinical Trial



In conclusion, an RCT accruing women with regional breast cancer found that a 1-year, 26-session psychologic intervention was associated with improved survival 11 years later. Considered in context, in the last 30 years, hundreds of randomized psychologic intervention trials have shown mental health improvements for cancer patients in comparison with those in control conditions,^{48,49} although

Intensive patient's care program reduces anxiety and depression as well as improves overall survival in *de novo* acute myelocytic leukemia patients who underwent chemotherapy: a randomized, controlled study

program (IPCP), an intensive and integrated care including AML health education, psychological guidance and telephone counselling, was devised in this study with the purpose of investigating the effect of IPCP on anxiety, depression, event-free survival (EFS) and overall survival



What clinicians can do?

- develop strategies to **encourage patients to participate in engagement activities including support of advocacy groups, patient education programs**
- **encourage patient-centred care**, by a multidisciplinary team (psychologist, physiotherapist, nutritionist and so on)
- provide **timely direct access** for the reporting clinically adverse side events
- have your clinical association **endorse** us and our mission
- **listen** to patients' voices when **designing guidelines and clinical trials**

Who we are

2007 online forum

2010 Facebook group

May 2020 non-profit

Mission: Ensure the best **quality of life, access** to the most modern treatments, and **protection of patients' rights** for patients and their families

We support **educational programs, scientific research, and communication** activities related to kidney cancer

Why do patients contact us?

- Tips about how to deal with second opinions
- Questions on side effects
- Questions on the post-operative process
- Questions on the lines of therapy
- How to participate in clinical trials
- Questions on where to go to get surgery
- Information on complementary non-invasive treatments
- Information about genomic testing – widespread disinformation
- Sense of abandonment and lack of empathy and participation on the part of the clinician in the profound crisis of the cancer patient and the end-of-life patients

Projects 1/2

- Together with the Italian Federation of Voluntary Associations in Oncology (FAVO) we produced an **information booklet** on kidney cancer
- **Events:**
 - **Organized** online events with clinicians on the occasion of the National Kidney Cancer Day
 - **Held webinars** on the important link between nutrition and kidney cancer with Dr Francesco Trevisani and Dr Arianna Bettiga, from San Raffaele
- We carried out **public affairs activities** targeting Italian institutions: writing letters, participating in Institutional events at the **Italian Ministry of Health**
- We have established a **scientific committee within the association, currently a work in progress**
- We worked together with Ipsen and Elma Research to carry out a **qualitative research project** named "The Quality of Life of Kidney Cancer Patients"

Projects in the pipeline 2/2

- Publication of a **booklet for kidney cancer patients** on the benefits of **nutrition + physical activity** with targeted exercises for mono real patients.
- Launch a **forum** on our website for **Q&A** for patients and caregivers of kidney cancer
- The organisation of an **event** on issues related to kidney cancer focusing on therapies and genomic testing
- Organization of biweekly webinars on the link between kidney cancer, nutrition and physical activity



Special thanks

- Prof. Andrea Necchi
- Dr. Fabiana Laurenti, who recently graduated from here *MA degree in Sciences and techniques of preventive and adapted motor activities*”, who shared with us - in memory of her mother, her thesis focusing on the link between motor activity and kidney cancer
- Dad and all the other patients

A black and white portrait of Rita Levi-Montalcini, an elderly woman with short, wavy hair, resting her chin on her hand. The image is used as a background for the quote.

**ABOVE ALL, DON'T
FEAR DIFFICULT
MOMENTS. THE BEST
COMES FROM THEM.**

RITA LEVI-MONTALCINI